Call to Order
Rick Henry called the meeting to order at 3:07 pm.

Attendance
The following persons were present: Mary Twardos, Mary Ann George, Rick Henry (chair), Colleen Devers, Therese Collette, Christy Stergar, Karmen Williams

Review of Minutes
There were no minutes to review.

Old Business
Review of Spring Luncheon/Brainstorm of Winter Luncheon
Rick H. announced that our new food vendor, Sodexo, gets first refusal on all catering jobs on campus. If they are unable to provide what we require we can go outside to other vendors.
The consensus was that though it was a great gesture, having the luncheon at the Airport campus was logistically difficult and future events will be scheduled on the Donaldson Campus.

Longevity Pins and Awards
The group agrees that we should ask for budget for longevity recognition awards. Continuing the conversation from last year that awards could be more meaningful than the pins. Rick suggested using the 3-D printer to create an award for milestones. The question came up, again, about how much money is in the old wellness account (slush fund). Rick will find out. Mary Ann suggested we divide the total by 10 years, e.g. and spend the money down on wellness incentives or longevity awards.

Walking Maps for both campuses/Wellness Walks
Feedback from committee members is that the Donaldson route is used regularly and the Airport Campus route is not. This is due to the scheduling of classes on the Airport campus but Colleen reported that more students are on that side of the campus. Mary Ann reported that two staff members have volunteered to be walk leaders. Alyssa Pinedo will be the Monday and Wednesday at 10:00 am leader and Brenda Johnson will be the Tuesday and Thursday 10:00 am leader.

Newsletter
Mary Ann will continue to be the editor of the newsletter. Target is four editions per school year. She will try to use items we discuss at the meeting to include as items. Kim asked about wellness options and they are for people on the insurance plan. Kim suggested making paper copies available and Mary Ann suggested posting the newsletter on the Wellness bulletin boards located on both campuses. A suggestion was made to list QWL member wellness favorites in the newsletter- favorite exercise, walk or recipe.
**New Business**

**Suggestions for social functions this semester:**
Bowling – Christy will get in touch with bowling alley and propose several dates.
Movie night
Skiing

**Shape-Up Montana type competition/Health and Wellness Ideas**
Committee discussed ways to get people involved in wellness activities and the pros and cons of competition. Mary Ann has used the MUS wellness website and there are many options and it is very good. Christy used to be the wellness contact for MUS but last spring it shifted to HR. Christy will talk to Kim about her role in the wellness program.

**Great College Survey**
Mary Ann presented a proposal to College Council and is now in the process of presenting to the Senates and QWL Committee. The Chronicle of Higher Education conducts a survey titled “Great Colleges to Work For”. Schools are ranked on an honor roll in the magazine. Mary Ann would like either our campus to participate in the survey or to work with HR, the senates and QWL and develop a survey for our campus using the criteria from the Chronicle of Higher Ed.

**Magazine Subscription and Covers**
Mary Ann reported that the library is willing to pick up the cost of the subscriptions. She ordered new covers for the magazines and asked that we pay for them. The cost is less than $15.00.

**Winter Luncheon**
See discussion above

**Review of College Council discussions**
Rick didn’t have any information from college council that was directly related to our committee.

Meeting Adjourned at 4:00 pm