Helena College
Quality of Worklife Committee (QWL)
Meeting Minutes
January 15, 2015 / 3:00 pm / DON 112

Call to Order/Introductions
Rick Henry called the meeting to order at 3:08 pm.

Attendance
The following persons were present: Ben Nickol, Mary Twardos, Mary Ann George, Rick Henry (chair), Therese Collette, Karin Ball, Kim Haughee, and Christy Stergar.

Review of Minutes
Members reviewed the minutes from the November meeting. Ben made a motion to approve and Mary Ann seconded.

Old Business

Winter Luncheon 2014
Rick asked for feedback on the event. Members had positive feedback. Mary Ann reported that at the Administrator Associates meeting there were some issues with the food. Asparagus were very mushy, potatoes were lumpy and some didn’t like the prime rib. Kim H said the squash dish was delicious. Summer has asked that any communications with Sodexo regarding food service be cc’d to her for reference. She also suggested that people share information on any really good dishes for future reference. Each group should communicate with Sodexo about own event. Christy said that the catering is done completely separate from our campus food service. Ben mentioned that there were a couple of items at the Student End of semester party that were not very good.

Charitable Basket/Giving Event
No comments. All were distributed.

Social Functions this semester
Suggested outings for this semester are:
Ski night                      Trying for February 6 with a make-up date of February 20
Game night or Family Event    March
Ice skating
Day of Service                April or May

Health and Wellness Ideas
How can our committee promote wellness? Mary Ann suggested we continue to advocate for providing access to 002 and 003 for wellness activities during the day. Mats for stretching, a DVD player to run exercise videos, etc. Rick will bring up at college council.
Rick will get with Steve Lewis and find out how much money is in the wellness fund left over from when MUS supplied money to campuses for wellness reimbursements.
New Business

New Ideas for Winter Luncheon Activities
Tabled.

Meeting Place and Time for this semester
Rick requested that we look at changing our day and or time for our meeting. After a discussion with members and taking into consideration schedules, other meeting conflicts, etc. it was determined that we will meet on the 3rd Thursday of the month from 2:30 – 3:30. Christy will check MRM for the availability of the fish bowl.

Budget Request Submission FY16: done

Campus luncheons – who should attend/be invited. Continued discussion, nothing decided.

Helena College Day of Service
Mary will check on possible opportunities

Balance of old wellness budget: Rick will get with Steve Lewis.

College Council Review and Discussion
Nothing significant to report from College Council

Meeting adjourned at 4:05 pm

Action Item: Rick will get with Steve Lewis to find out the balance of the old Campus Wellness Fund.

Action Item: Rick will bring up the use of rooms 002 and 003 for wellness at College Council.

Action Item: Christy will check the schedule in the Fishbowl for monthly meeting times.

Action Item: Mary will check on volunteering options: Spirit of Service Day, Habitat of Humanity, Food Share, “Flashmob” campus clean up.