

## Quality of Work Life October 21, 2022 | 11:00 am | TEAMS

Employees of Helena College who are happy, healthy, both mentally and physically, and positively involved in our campus community are better able to support our students' success. Therefore our mission is to encourage and promote camaraderie and an inclusive supportive workplace for all. (2021)

## Minutes

Attending Members: Phil Sawatzki, Cari Schwen, Robyn Kiesling, Melanie Heinitz, Rick Henry & Christy Stergar.

Review of September minutes: Cari Schwen motioned to approve minutes, Melanie 2<sup>nd</sup>, all in favor.

Treasurer Report: No purchases to date.

Old Business:

• Capital City membership. Available for all employees.

New Business:

- Wellness grant for Holiday Cheer activities for the campus.
  - Cari and Robyn will work on the grant application.
  - Ideas for wellness/cheer activities are welcome!
  - November 1<sup>st</sup> post ideas on Team Chat!
  - Breakfast before the State of the College meeting on December 20<sup>th</sup>?
    - Robyn working with the cabinet to see if we can schedule a meeting after breakfast that day.
    - Rick wants to help grill and Cari said we can use the updated kitchen.
    - Robyn and Cari will work on a budget for food.
    - Purchase food through Sysco better prices.
- Additional Ideas:
  - Cookie Exchange: Friday, December 23<sup>rd</sup> and hot chocolate & coffee bar too!
  - Craft ideas
  - Chair Massages for Employees
  - Games during Breakfast time:
    - Corn Hole
    - Dreidel